

ETO Dodgeball Tournament Rules

(Ages 9+)

- **Primary Goal:** With 5 person Teams, Eliminate all opposing players
 - This can be achieved by:
 - Hitting opposing players with a live ball below the shoulders
 - All headshots are illegal
 - Players can not duck into the dodgeballs with their head to try and save an "Out"
 - Catching a live ball thrown by the opposing team
 - The player who has been out the longest can re-enter the game if a teammate catches a ball thrown by the opposing team
- **Live Ball:** A ball that has been thrown and has not touched the floor
 - If a ball hits one player and bounces off of them to hit another player, both players are out
- **Blocking:** Players can use balls to block opposing throws
 - Players are not allowed to lay on the floor
- **Ball Placement:** Balls are placed on the centerline at the start of the game
 - When the game starts, teams will run to the middle line to attempt to grab dodgeballs
 - If a player grabs a ball, they must run all the way back to the line they began on before they are permitted to throw
- **Time Limits:** Each game will be 10 minutes
 - Players are not allowed to stall by collecting balls or waiting to throw them
- **Boundaries:** Teams may not cross the center line to the opposing team side, must stay within all boundary lines, and are permitted from leaning against walls
- **Sportsmanship:** Teams will be automatically disqualified for bad sportsmanship
 - This includes players who are out on the sidelines
 - No obscene language or gestures are permitted

ETO Tug Of War Rules

(Ages 9+)

Primary Goal: With 5 person Teams, Pull the opposing team and the marker on the rope across the designated center line to your team's side.

Rope:

- The rope will be marked with a red center line and a black mark on each side of the center line.
- Teams must stay behind the black mark.

Starting Position:

- Teams stand on opposite sides of the rope.
- The red center of the rope must be aligned with the center line.

Pulling:

- On the center judge's signal, teams begin pulling the rope to pull the other team across the line.
- As soon as the center judge calls to stop, all players on both sides must drop the rope.

Illegal Techniques (Not Allowed):

- Touching or sitting on the ground for an extended period of time.
- Wrapping the rope in any way or pulling it over the shoulders.
Deliberately letting go of the rope.

Sportsmanship:

- Teams will be automatically disqualified for bad sportsmanship.
- This includes players who are out on the sidelines.
- No obscene language or gestures are permitted.